

Do you want to get more involved with your community, make positive changes in your life and meet new people?

Maybe the Faversham Community Networking Group can help you.

Made up of several local charities, voluntary organisations and community groups, our aim is to work together, and with you, to highlight what excellent support is available within our community. Collectively, we can support you with lifestyle changes, volunteering opportunities, family care, benefits advice, loneliness, mental health and much, much more.

You can find details of all our different groups at the Faversham Town Council Visitor Centre, 12 Market Place, or you can visit the communities page on Faversham Town Council's website.

www.favershamtowncouncil.gov.uk/community/community-groups/faversham-community-networking-group/

LIVE WELL KENT & MEDWAY

Support to manage health problems like depression and anxiety. You'll also be helped to address issues that might be causing them, such as debt or housing issues.

Available for anyone aged 17+

T: 0800 567 7699 (Mon-Fri 9am-5pm) W: livewellkent.org.uk

TEMPO TIME CREDITS

Volunteer Reward scheme. We would like to invite active organisations working with volunteers to join us in supporting them with making use of our offers.

Volunteers are able to earn "Time Credits", which they can then use on a range of experiences.

T: 07463 058235 E: support@timecredits.com W: wearetempo.org

FAVERSHAM MUNICIPAL CHARITIES

At Faversham Almshouses we provide affordable accommodation for people who are most often older and inadequately housed.

To find out more and how to apply please contact us as below.

T: 01795 532958 E: office@fmc2010.org.uk W: favershamalmshouses.org

THE ARDEN THEATRE

A vibrant 98-seat community theatre presenting high-quality productions, youth theatre, festivals, and both National and International touring artistes, while offering varied creative opportunities for all ages, related to the performing arts.

T: 01795 531334 W: ardentheatre.org.uk

FAVERSHAM TOWN COUNCIL - is the first tier of local government, with offices in the heart of the town

We run the Faversham & District Community Lottery to support local good causes and offer grants to small organisations. The Town Council is delighted to support the Faversham Community Networking Group in promoting and signposting their services for the benefit of our residents.

For information drop into the Town Hall, 12 Market Place, Faversham or get in touch as below.

T: 01795 503286 E: info@favershamtowncouncil.gov.uk W: favershamtowncouncil.gov.uk



WAVE COMMUNITY BANK

People helping people in Kent through ethical savings and affordable loans. As a not-for-profit credit union focused on members, we keep money local to support our community.

Join and borrow, or contact us as below.

T: 0300 303 3188 W: wavecb.org.uk



THE FAVERSHAM HOPPER

The Faversham Hopper set up by Faversham Town Council, to reconnect the local community, runs local services.

FH1 Faversham Loop, and FH2, which also connects Newnham, Doddington, Lynsted and Teynham.

The fully accessible minibuss is driven by friendly volunteers.

T: 01795 503286 E: hopper@favershamtowncouncil.gov.uk W: favershamtowncouncil.gov.uk/active-travel/community-bus-service/



RED ZEBRA COMMUNITY SOLUTIONS

Provides Social Prescribing services in Faversham.

To find out how to make positive changes in your life to improve your health and well-being, get in touch.

T: 01227 272781 E: info@redzebra.org.uk W: redzebra.org.uk

Hello Faversham!

YOUR GUIDE TO FAVERSHAM'S COMMUNITY GROUPS

f@FCNG

Faversham COMMUNITY NETWORKING GROUP

FAVERSHAM UMBRELLA - providing a vibrant, safe environment for everyone

Providing a welcoming, safe, and vibrant space for all. Located at the heart of our community, fostering independence, boosting self-esteem, and building confidence. We run free daily activities for people to join in, learn new skills, or simply make friends.

Our affordable café is open to all, fully accessible, and offers free Wi-Fi. We also provide a variety of training courses, from accredited programs to fun and supportive workshops.

Additionally, our versatile rooms are available for hire.

T: 01795 229143 E: info@favershamumbrella.org W: favershamumbrella.org



CROSSROADS KENT

As a leading charity supporting unpaid carers, we provide free, high-quality services across Kent that give carers peace of mind and the chance to take time for themselves.

T: 03450 956 701 E: enquiries@crossroadskent.org W: crossroadskent.org

AL-ANON FAMILY GROUPS

Help and hope for families and friends of alcoholics.

T: 0800 0086 811 (UK) 01 873 2699 (Eire) W: al-anonuk.org.uk Office: 020 7593 2070 F/B: @Al-AnonFamilyGroupsUK

DADSPACE

Provides peer-led support groups, walks, talks and community activities for all dads, promoting wellbeing, connection and early support for families.

T: 07787 535598 W: dadspace.co.uk



ABBEY PHYSIC COMMUNITY GARDEN - we aim to help people improve their physical and mental health and well-being

We encourage people to build skills and confidence, reduce loneliness, and connect with their community. We aim to break down the stigma of mental ill health and build understanding and empathy. We use our organically grown ingredients in our kitchen to create nourishing and affordable meals (Mon-Fri). Our Coffee Cabin is open every day for cups of tea and coffee and our volunteers are always up for a chat. You can also always find a calm quiet spot in the garden to unwind from the stresses of daily life.

T: 01795 539915 W: abbeyphysic.org E: communitygarden@abbeyphysic.org



FOOD FRIENDS

Runs a meal-sharing initiative which connects volunteers, who can deliver an extra portion of their home cooked food, with a neighbour, who would love a delicious meal and a friendly chat.

Want to get involved?

Then get in touch.

T: 01227 250410 E: hello@food-friends.co.uk W: food-friends.co.uk

FAVERSHAM POOLS

A multi-pool complex in the heart of Faversham's town centre operating year-round. As a registered charity, we are committed to promoting water safety and physical and emotional health & well-being .

T: 01795 532426 E: reception@favershampools.com W: favershampools.com



YOUR GUIDE TO FAVERSHAM'S COMMUNITY GROUPS

www.fcng.org Faversham COMMUNITY NETWORKING GROUP



**FAVERSHAM
SALVATION ARMY -**
we are here to listen,
chat and support you in
any way we can



We offer specific support for and around faith, families (community wardrobe) street living, well-being and creating communities. We'd love you to come by and see us at 4 Court Street, ME13 7AW or connect with us as below.

T: 07771 045382
E: faversham@salvationarmy.org.uk
W: salvationarmy.org.uk/faversham

**DEMENTIA ACTION
ALLIANCE SWALE**

Aiming to raise dementia awareness and to create more dementia-friendly communities. All are welcome to join our local group.

T: 01795 597983
W: kentdaa.org



**THE HARMONY THERAPY
TRUST**

A Kent wide charity providing free holistic therapies including Reflexology, Reiki, Massage, Lymphatic Drainage, and other NHS approved support, for people with life-altering illness. We help bridge the gap between medical treatment and the road to physical and mental well being.

E: harmony@thtt.org.uk
W: theharmonytherapytrust.org.uk

**FAVERSHAM ASSISTANCE
CENTRE (FACE)**

Supporting elderly and disabled people in Faversham and Sittingbourne with gardening and decorating services.

We complete our work on a donation only basis.

Can we help?

T: 07483 150330
E: favassistants@gmail.com
W: facefaversham.co.uk

GROWBABY

We provide quality pre-loved baby clothing and equipment (0-5yrs) to families in need, completely free of charge.

No referral needed.

Open first Thursday of the month, 9am-12noon at Lynsted Church, ME9 0RH.

E: growbaby@kc-hd.org.uk

**ST VINCENT DE PAUL
CHARITY**

We befriend people experiencing loneliness and/or bereavement and we support individuals and families who are in financial difficulties.

We offer food parcels and a community meal once a month. Occasionally we can offer transport for medical appointments.

T: 07563 702033

AGE CONCERN GILLINGHAM - supporting people from the age of 50 and above, and vulnerable people across a wider area to Achieve life's fullness.

We are a charity working in the local communities of Medway, Gravesham, Swanley, Faversham and Sittingbourne, to support older people, and adults with learning difficulties, to achieve life's fullness, as well as their families and carers.

T: 01795 532766
W: theclarendonroyalcommunity.co.uk



**CITIZENS ADVICE
EAST KENT**



We offer generalist and specialist advice services on a range of issues such as employment, housing, benefits and debt. If you're facing a crisis, or just considering your options, our goal is to help you find a way forward. You can contact us either in person or by telephone.

T: 0808 278 7979
W: canek.org.uk

GRASSROOTS

At Faversham Baptist Church. Free clothes and shoes on offer. Friendly chat over free tea/coffee too.

Open Fridays 10am - 11.30am.

Institute car park entrance.

E: facebook.com/share/1A7M4LKWvq/?mibextid=wwXlfr

MEDICAL PRACTICES OFFERING A RANGE OF HEALTH CARE SERVICES

For immediate emergencies in Kent call 999

For emergency Social Services care (Out of Hours): 03000 41 91 91

Adult Social Care (Working Hours: 9am-5pm): 03000 41 61 61

Children's Social Care (Working Hours: 9am-5pm): 03000 41 11 11

Email: social.services@kent.gov.uk

Other Essential Contacts:

Police (Non-Emergency): 101

NSPCC (Child Protection): 0808 800 5000

Release The Pressure (Mental Health): 0800 107 0160 or text "Kent" to 85258

FAVERSHAM MEDICAL PRACTICE

T: 01795 905577

W: favershammedicalpractice.nhs.uk

NEWTON PLACE SURGERY

T: 01795 530777

W: newtonplacesurgery.nhs.uk



**FIND OUT MORE AT
MyCommunityVoiceKent.co.uk**

KCC POSITIVE WELLBEING

Our highly trained community connectors can support you to live well at home and become part of your community. If you are feeling isolated or lonely, then maybe a community connector can help you find positive wellbeing.

T: 03000 42065

E: positive.wellbeing@kent.gov.uk

W: kent.gov.uk/positivewellbeing

GEM72- provides places of welcome and well-being

We provide outdoor hospitality and well-being activities in and around Faversham with our GEM Mobile Youth Centre.

We celebrate children and young people Going Extra Miles through the annual Faversham Gems Awards.

E: gemseventytwo@gmail.com
W: favershamgems.org

**WEST FAVERSHAM
COMMUNITY CENTRE - is a charity that provides different services for all**

A charity that operates West Faversham Community Centre, offering a timetable of community activities & support including youth clubs, hobby & support groups, family activities, a community fridge, supported exercise & gym sessions, soft-play.

T: 01795 537321
E: info@westfavershamca.org
W: westfavershamca.org

CREATIVE SENSE CIC

Hosting a group for Parents and Caregivers at The Alexander Centre. On Fridays from 1pm there's a quiet space for one-to-ones.

Between 1.30 and 3pm come and play with toys and art at a social, drop-in for caregivers with very young children.

Free drinks and company with creativity.

Winter Warm Space.

For information contact:

E: workwithmeaning@outlook.com
W: thealex.org.uk/weekly-events/

**FAVERSHAM COMMUNITY
BOAT BUILD & CINQUE
PORTS ROWING**

Bringing together people of 12 years and older by providing friendship, skills, and challenges by crafting wooden boats and rowing them on Faversham Creek. Come along, make new friends, and get involved with this community group.

T: 07865 091155

W: cinqueportsrowing.org

SATEDA

Swale's accredited domestic abuse charity, supporting women and children to build safer, healthier futures. Free weekly drop-in at the Umbrella Centre on Thursday mornings, or get help online.

T: 01795 417251

E: admin@sateda.org

W: sateda.org



FAVERSHAM FOOD BANK



Providing emergency food parcels for those in crisis. Please call, email or visit our website for more information on supporting us, volunteering, or if you need support yourself.

T: 07938 720604

E: info@faversham.foodbank.org.uk

W: faversham.foodbank.org.uk

**SWALE COMMUNITY AND
VOLUNTARY SERVICES**

Offering a range of valuable services to the community; Befriending, Transport, Energy Advice, Charitable Infrastructure and Volunteering Opportunities. For more information about these services, please call us.

T: 01795 473828

E: office@swalecvcs.co.uk

W: swalecvcs.org.uk



VIBE COMMUNITY LIMITED

Offers youth support in Faversham through Friday Night Youth Club, 1:1 and small-group GTBM sessions for 12-16-year-olds, and inclusive SEN holiday activities, using relationship-based, creative, and fun approaches to build confidence, skills, and wellbeing.

T: 01795 844849

W: facebook.com/vibeinkent

KENT FIRE RESCUE



SERVICES - keeping our community safe

Offering a wide range of free services, from home safety visits, advice and information to community engagement. We are dedicated to helping our communities stay safe. In an emergency dial 999. For all other enquiries, contact us as below.

T: 01622 692121

W: kent.fire-uk.org