

# Do you want to get more involved with your community, make positive changes in your life and meet new people?

Maybe the Faversham Community Networking Group can help you.

Made up of several local charities, voluntary organisations and community groups, our aim is to work together, and with you, to highlight what excellent support is available within our community.

Collectively, we can support you with lifestyle changes, volunteering opportunities, family care, benefits advice, loneliness, mental health and much much more.



You can find details of all our different groups at the Faversham Town Council Visitor Centre, 12 Market Place, or you can visit the communities page on Faversham Town Council's website.

**YOUR GUIDE TO FAVERSHAM'S COMMUNITY GROUPS**

[www.fcng.org](http://www.fcng.org)

**Faversham COMMUNITY NETWORKING GROUP**

## FAVERSHAM TOWN COUNCIL - is the first tier of local government, with offices in the heart of the town

We run the Faversham & District Community Lottery to support local good causes and offer grants to small organisations. The Town Council is delighted to support the Faversham Community Networking Group in promoting and signposting their services for the benefit of our residents.

For information drop into the Town Hall, 12 Market Place, Faversham or get in touch as below.

**T:** 01795 503286  
**E:** [info@favershamtowncouncil.gov.uk](mailto:info@favershamtowncouncil.gov.uk)  
**W:** [favershamtowncouncil.gov.uk](http://favershamtowncouncil.gov.uk)



## THE FAVERSHAM HOPPER

The Faversham Hopper set up by Faversham Town Council, to reconnect the local community, runs local services.

FH1 Faversham Loop, and FH2, which also connects Newnham, Doddington, Lynsted and Teynham.

The fully accessible minibuss is driven by friendly volunteers.

**T:** 01795 503286  
**E:** [hopper@favershamtowncouncil.gov.uk](mailto:hopper@favershamtowncouncil.gov.uk)  
**W:** [favershamtowncouncil.gov.uk/active-travel/community-bus-service/](http://favershamtowncouncil.gov.uk/active-travel/community-bus-service/)

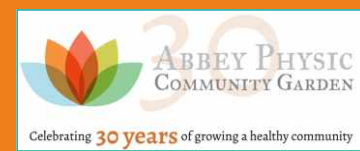


## ABBEY PHYSIC COMMUNITY GARDEN - we aim to help people improve their physical and mental health and well-being

We encourage people to build skills and confidence, reduce loneliness, and connect with their community. We aim to break down the stigma of mental ill health and build understanding and empathy. We use our organically grown ingredients in our kitchen to create nourishing and affordable meals (Mon-Fri).

Our Coffee Cabin is open every day for cups of tea and coffee and our volunteers are always up for a chat. You can also always find a calm quiet spot in the garden to unwind from the stresses of daily life.

**T:** 01795 539915    **W:** [abbeyphysic.org](http://abbeyphysic.org)  
**E:** [communitygarden@abbey.physic.org](mailto:communitygarden@abbey.physic.org)



## RED ZEBRA COMMUNITY SOLUTIONS

Provides Social Prescribing services in Faversham.

To find out how to make positive changes in your life to improve your health and well-being, get in touch.

**T:** 01227 272781  
**E:** [info@redzebra.org.uk](mailto:info@redzebra.org.uk)  
**W:** [redzebra.org.uk](http://redzebra.org.uk)

*Hello Faversham!*

**YOUR GUIDE TO FAVERSHAM'S COMMUNITY GROUPS**

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**Faversham COMMUNITY NETWORKING GROUP**

## FAVERSHAM UMBRELLA -

providing a vibrant, safe environment for everyone

Faversham Umbrella is in the heart of our community, open to anyone. Our vision is to support our local community by working together to help increase independence, self esteem and confidence. Running daily activities for everyone to join in, upskill or make friends.

Our affordable café is open, accessible to all and has free Wi-Fi. We hold training courses, both accredited and for fun/support. Our rooms are available for hire.

Pop in and see us.

**T:** 01795 229143  
**E:** [info@favershamumbrella.org](mailto:info@favershamumbrella.org)  
**W:** [favershamumbrella.org](http://favershamumbrella.org)



## FOOD FRIENDS

Runs a meal sharing initiative which connects volunteers, who can deliver an extra portion of their home cooked food, with a neighbour, who would love a delicious meal and a friendly chat.

Want to get involved?

Then get in touch.

**T:** 01227 250410  
**E:** [hello@food-friends.co.uk](mailto:hello@food-friends.co.uk)  
**W:** [food-friends.co.uk](http://food-friends.co.uk)

## FAVERSHAM POOLS

Is a multi-pool complex in the heart of Faversham's town centre operating year-round.

As a registered charity, we are committed to promoting water safety and physical and emotional health & well-being.

**T:** 01795 532426  
**E:** [reception@favershampools.com](mailto:reception@favershampools.com)  
**W:** [favershampools.com](http://favershampools.com)

## FAVERSHAM SALVATION ARMY - we are here to listen, chat and support you in any way we can

We offer specific support for and around faith, families (community wardrobe) street living, well-being and creating communities.

We'd love you to come by and see us at 4 Court Street, ME13 7AW or connect with us as below.

**T:** 07771 045382  
**E:** [faversham@salvationarmy.org.uk](mailto:faversham@salvationarmy.org.uk)  
**W:** [linkr.ee/favershamsa](http://linkr.ee/favershamsa)



## CITIZENS ADVICE SWALE

We offer generalist and specialist advice services on a range of issues such as employment, housing, benefits and debt. If you're facing a crisis, or just considering your options, our goal is to help you find a way forward.

You can contact us either in person, by telephone

**T:** 0808 278 7979  
**W:** [citizensadviceswale.uk/get-advice/](http://citizensadviceswale.uk/get-advice/)

## FCS TALKING THERAPIES

We are a not-for-profit charitable organisation providing Mental Health and well-being Services across Kent.

We provide a variety of therapeutic techniques, including counselling, well-being and mediation to individuals, organisations and communities to promote mental health and wellness.

**T:** 01795 591019  
**W:** [fcstalkingtherapies.org](http://fcstalkingtherapies.org)

## NEWTON PLACE SURGERY - community health champions

Health champions run a parental friendship and support group every Friday from 1-3pm at The Alexander Centre. This is a friendly and welcoming group run by 3 of the surgeries' volunteers.

The group welcomes all guardians and parents with younger children (pre-school age) and is free of charge. They have toys and activities as well as hot drinks!

**T:** 01795 530777  
**W:** [newtonplacesurgery.nhs.uk](http://newtonplacesurgery.nhs.uk)



## THE HARMONY THERAPY TRUST

A Kent wide charity providing free holistic therapies including Reflexology, Reiki, Massage, Lymphatic Drainage, and other NHS approved support, for people with life-altering illness. We help bridge the gap between medical treatment and the road to physical and mental wellbeing.

**T:** 01795 663050  
**E:** [harmony@thtt.org.uk](mailto:harmony@thtt.org.uk)  
**W:** [theharmonytherapytrust.org.uk](http://theharmonytherapytrust.org.uk)

## FAVERSHAM ASSISTANCE CENTRE (FACE)

Supporting elderly and disabled people in Faversham and Sittingbourne with gardening and decorating services.

We complete our work on a donation only basis.

Can we help?

**T:** 07483 150330  
**E:** [favassistants@gmail.com](mailto:favassistants@gmail.com)  
**W:** [facefaversham.co.uk](http://facefaversham.co.uk)

## GROWBABY

We provide quality pre-loved baby clothing and equipment (0-5yrs) to families in need, completely free of charge.

No referral needed.

Open first Thursday of the month, 9am-12pm at Lynsted Church, ME90RH.

**E:** [growbaby@kc-hd.org.uk](mailto:growbaby@kc-hd.org.uk)

## ST VINCENT DE PAUL CHARITY

We befriend people experiencing loneliness and/or bereavement and we support individuals and families who are in financial difficulties.

We offer food parcels and a community meal once-a-month. Occasionally we can offer transport for medical appointments.

**T:** 07563 702033

## AGE UK KENT RIVERS - supporting older and vulnerable people across a wider area to Achieve Life's Fullness

We are a charity working in the local communities of Medway, Dartford, Gravesham, Swanley, Faversham and Sittingbourne, to support older people, and adults with learning disabilities, to achieve life's fullness, as well as their families and carers.

**T:** 01795 532766  
**W:** [ageuk.org.uk/kentrivers/](http://ageuk.org.uk/kentrivers/)



## WEST FAVERSHAM COMMUNITY CENTRE - is a charity that provides different services for everybody

We are a charity that operates West Faversham Community Centre, we offer a timetable of community activities and support including youth clubs, social clubs, hobby groups, support groups, family activities, a community fridge, supported exercise and gym sessions, soft-play.

**T:** 01795 537321  
**E:** [info@westfavershamca.org](mailto:info@westfavershamca.org)  
**W:** [westfavershamca.org](http://westfavershamca.org)



**FIND OUT MORE AT**  
**MyCommunityVoiceKent.co.uk**

## FAVERSHAM MEDICAL PRACTICE

Providing health care in a professional and compassionate manner, we are committed to delivering a high quality service to our patients.

**T:** 01795 905577  
**W:** [favershammedicalpractice.nhs.uk](http://favershammedicalpractice.nhs.uk)

## GEM72- provides places of welcome and well-being

We provide outdoor hospitality and well-being activities in and around Faversham with our GEM Mobile Youth Centre.

We celebrate children and young people Going Extra Miles through the annual Faversham Gems Awards.

**E:** [gemseventytwo@gmail.com](mailto:gemseventytwo@gmail.com)  
**W:** [favershamgems.org](http://favershamgems.org)

## FAVERSHAM COMMUNITY BOAT BUILD & CINQUE PORTS ROWING

Bringing together people of 12 years and older by providing friendship, skills, and challenges by crafting wooden boats and rowing them on Faversham Creek. Come along, make new friends, and get involved with this community group.

**T:** 07865 091155  
**W:** [cinqueportsrowing.org](http://cinqueportsrowing.org)

## COMMUNITY FOOD SHARE

Fridays at 10am at Faversham Baptist Church (car park entrance). Surplus food which would otherwise go to waste, available to all for free.

Friendly chat over free teas/coffees too.

**W:** <http://www.favershambaptistchurch.org.uk/get-involved/community-foodshare/foodshare@favershambaptistchurch.org.uk>

## FAVERSHAM FOOD BANK

Providing emergency food parcels for those in crisis. Our volunteers ensure that no one goes hungry. Get a voucher from local agencies, schools, or citizens' advice. Visit our website or social media for more information on supporting us, volunteering or if you need support yourself.

**T:** 07938 720604  
**E:** [info@faversham.foodbank.org.uk](mailto:info@faversham.foodbank.org.uk)  
**W:** [faversham.foodbank.org.uk](http://faversham.foodbank.org.uk)

## SWALE COMMUNITY AND VOLUNTARY SERVICES

Offering a range of valuable services to the community; Befriending, Transport, Energy Advice, Charitable Infrastructure and Volunteering Opportunities. For more information about these services, please call us.

**T:** 01795 473828  
**E:** [office@swalecvs.co.uk](mailto:office@swalecvs.co.uk)  
**W:** [swalecvs.co.uk](http://swalecvs.co.uk)

## KENT FIRE RESCUE SERVICES - keeping our community safe

Offering a wide range of free services, from home safety visits, advice and information to community engagement.

We are dedicated to helping our communities stay safe.

In an emergency dial 999.

For all other enquiries, contact us as below.

**T:** 01622 692 121  
**W:** [kent.fire-uk.org](http://kent.fire-uk.org)

