

Dementia: Ask the Experts Day

11th November 2022



**Free Event
All Welcome**

**Find out more about latest research, tools,
techniques and specialist services**

**Location: Swallows Leisure Centre, Central Avenue,
Sittingbourne, Kent ME10 4NT**

Market Place (10am -1pm):

Come and meet local dementia services
and dementia friendly organisations.

Specialist Speakers (11-12.30pm):

Come and hear about cutting-edge
research, care know-how, and
knowledge from lived experience.

**For more information contact:
alisoncarter@nplh.uk or call 01795 597983**



Some questions you may have:

- What should I do if I'm worried about my memory?
- Am I fully prepared for the future both legally and financially?
- What can I do to support my loved one to live a good life with dementia?
- What is the difference between Alzheimer's and dementia?
- Does dementia run in the family?

Our event aims to answer these questions and much more...

Virtual Dementia Tour Experience

- Unique learning opportunity
- Experience what it might FEEL like to live with dementia
- 2-hour slots available - 32 places

To book your place call : 01795 597983

