

Cervical Cancer Prevention Week (Pink) – 17th – 22nd January

World Leprosy Awareness Day (Blue) - 30th January

LGBT History Month (Rainbow) - February

Time to Talk Day (Blue) – 3rd February

World Cancer Day (Blue/Orange) – 4th February

Sexual Abuse and Sexual Violence Awareness Week (Blue) – 7th – 12th February

Children’s Mental Health Week (Blue) – 7th – 12th February

International Epilepsy Day (Purple) – 14th February

Random Acts of Kindness Day (Yellow) – 17th February

Rare Disease Day (Purple) – 28th February

Eating Disorders Awareness Week (Blue/Green) – 28th February – 5th March

Marie Curie Daffodil Appeal (Yellow) – March

Ovarian Cancer Awareness Month (Pink) – March

Self Harm Awareness Day (Orange) – 1st March

Walk all Over Cancer (Purple) – March

Glaucoma Week (Green) – 6th – 11th March

Endometriosis Awareness Week (Yellow) – 7th – 12th March

Neurodiversity Celebration Week (Rainbow) – 14th – 19th March

Comic Relief (Red) - 18th March

Downs Syndrome Day (Bleu/Yellow) – 21st March

FND Awareness Day (Yellow) – 25th March

Purple Day for Epilepsy (Purple) – 26th March

Autism Awareness Week (Rainbow)– 29th March – 3rd April

Bipolar Day (Black/White) – 30th March

Bowel Cancer Awareness (Blue) – April

IBS Awareness (Blue) – April

Stress Awareness (Violet) – April

Walk to Work (Green) – 1st April

Autism Awareness Day (Rainbow) – 2nd April

Community Garden Week (Green) – 4th – 10th April

World Health Day (Green) – 7th April

World Parkinsons Day (Red) – 11th April

World Voice Day (Red) – 16th April

Malaria Day (Blue) – 25th April

Make May Purple/ Action on Strokes Month (Purple) – May

Dying Matters Week (Yellow) – 2nd – 6th May

Deaf Awareness Week (Gold/Silver) – 3rd – 8th May

Anaphylaxis Awareness Week (Navy) – 3rd – 8th May

World Asthma Day (Grey) – 4th May

Red Cross Week (Red) – 4th – 9th May

Maternal Mental Health Day (Blue) – 5th May

Ovarian Cancer Day (Pink) – 8th May

Red Cross Day (Red) - 8th May

Mental Health Awareness (Green) – 10th – 15th May

Lupus Day (Purple) – 10th May

Dementia Awareness Week (Blue) – 17th – 22nd May

MS Day (Yellow) – 30th May

Melanoma BNAF Awareness Day (Black) – 31st May

Stillbirth and Neonatal Death Awareness Month (Pink and Blue) – June

Pride Month (Rainbow) - June

Cancer Survivors Day (Yellow) – 6th June

Tourettes Awareness (Teal) – 7th June

Loneliness Awareness Week (Yellow) – 13th – 17th June

Blood Donor Day (Red) - 14th June

Autistic Pride Day (Rainbow) – 18th June

Bereaved Parents Day (Purple) - 3rd July

Samaritans Awareness (Green) – 24th July

Schizophrenia Awareness (Purple) – 25th July

Friendship Day (Yellow) - 30th July

Psoriasis Awareness Month (Orange) - August

Cavernoma Awareness (Red) – 15th August

World Humanitarian Day (Red/Blue) – 19th August

Alzheimers Month (Purple) – September

Childhood Cancer Awareness Month (Gold) – September

Blood Cancer Awareness Month (Red) - September

Youth Mental Health Day (Yellow) – 7th September

Suicide Prevention Day (Yellow) – 10th September

Sepsis Day (Pink) - 13th September

Jeans for Genes (Blue) – 13th – 18th September

World Lymphoma Day (Green) – 15th September

World Alzheimers Day (Purple) - 21st September

Macmillan Coffee Morning (Green) - 24th September

Ataxia Awareness Day (Yellow/Blue) – 25th September

Light Up For Mito (Green) - 25th September

World Heart Day (Red) - 29th September

ADHD Awareness Month (Orange) – October

Breast Cancer Awareness Month (Pink) - October

Lupus Awareness Month (Purple) - October

Pituitary Awareness Month (Blue) - October

Dyslexia Awareness Week (Red) – 4th – 9th October

Dyspraxia Awareness Week (Blue) – 3rd – 9th October

Dyslexia Awareness Day (Red) - 7th October

Baby Loss Awareness Week (Blue/Purple/Pink) – 9th – 14th October

Baby Loss Awareness – Wave of Light (Blue/Purple/Pink) – 15th October

World Mental Health Day (Teal) – 10th October

World Hospice and Palliative Care Day (Pastel Blue/Orange) - 12th October

Stop Bullying Day (Blue/Red) - 12th October

World Sight Day (Navy) - 13th October

Wear it Pink for Breast Cancer (Pink) - 23rd October

Stress Awareness Day (Blue/Red) – 6th November

Social Media Kindness Day (Yellow) - 9th November

Anti-Bullying Week (Red) - 11th – 14th November

World Kindness Day (Yellow) - 13th November

World Diabetes Day (Blue) - 14th November

Pancreatic Cancer Day (Purple) - 18th November

Transgender Day of Remembrance (Gold) - 20th November

COPD Awareness Day (Pink) - 21st November

White Ribbon Day for Domestic Violence (White) - 25th November

International Disabilities Day (Blue) - 3rd December

International Human Solidarity Day (Pink) - 20th December

